

CANTEEN MENU

WINTER 2018



MOUNT ANNAN
CHRISTIAN COLLEGE

FRUIT- SEASONAL

- Apple 50c
- Orange 50c
- Banana 50c
- Small fruit tub 50c
- Medium fruit cup \$1.00
- Large fruit salad \$4.00

FROZEN TREATS

- Frozen fruit pieces 50c
- Quelch ice stick 50c
- Juicies ice treat 70c
- Moosies milk freeze \$1.50
(Chocolate or strawberry)
- Frozen juice cup
(apple, Orange or
apple/blackcurrant) \$1.00
- Twisted frozen yoghurt
(Choc or strawberry) \$2.00

SNACKS

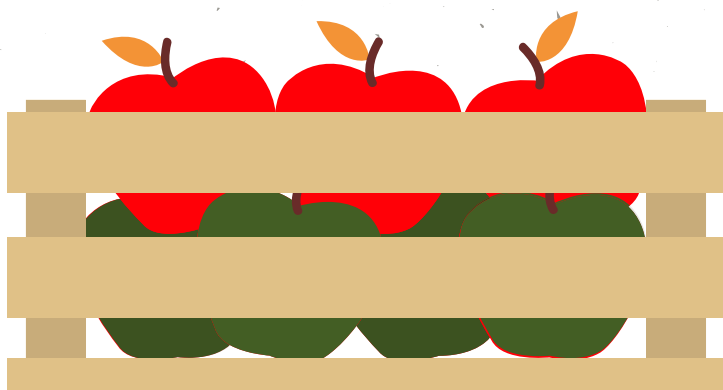
- Boiled egg 50c
- Chunky mini cookies 50c
- Crudités Cup W. hommus \$1.00
- Weetbix mini berry bliss \$1.00
- JJ's snacks - chicken 20g \$1.20
- Snaps (BBQ or salsa) \$1.20
- Red rock deli chips 28
(sea-salt or honey soy) \$1.20
- Koala Popcorn
(lightly salted or sweet n salty) \$1.20

YOGHURT

- Plain yoghurt - small \$1.00
- large \$2.50
- Yoghurt with fruit - small \$1.50
- Large \$3.00

RECESS SPECIAL ONLY

- Hot cheese & bacon roll \$1.50
- Hot banana bread \$2.00



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SANDWICHES

- **(White-whole meal bread)**
- Vegemite \$2.00
- Jam \$2.00
- Cheese \$2.50
- Egg \$3.00
- Ham \$3.50
- Chicken \$3.50
- Tuna \$3.50
- Salad (lettuce, tomato, carrot, cucumber, beetroot) \$4.00
- **Add extras to the above:**
- Tomato 50c
- Lettuce 50c
- Cucumber 50c
- Mayo 50c
- Vegan cheese 50c
- Gluten free bread 50c
- Wrap 50c
- Vegan bread \$1.00
- Cheese \$1.00
- Salad \$1.50

SALADS

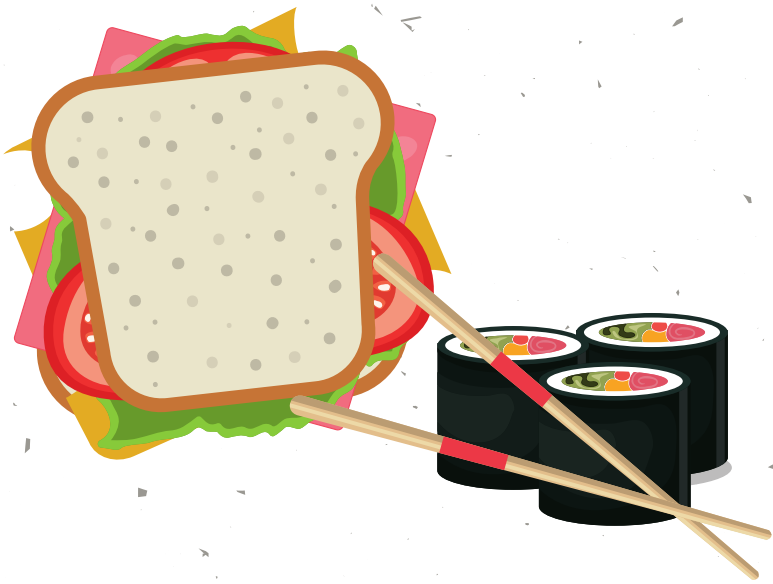
- SALAD BOX
lettuce, tomato, carrot, cucumber, beetroot, pineapple, dressing \$4.00
- Add Extras:
 - Cheese \$1.00
 - Egg \$1.00
 - Ham \$1.50
 - Chicken \$2.00
 - Tuna \$2.00

HOMEMADE SEASONAL SPECIALS

- Soup of the week & crusty roll \$5.00
Flavour available on QKR
- Chicken Boscaiola \$6.00
- Crumbed fish fillet \$7.00
Served with mashed pumpkin & beans

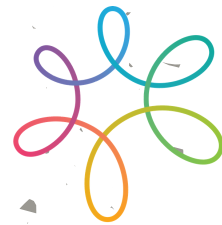
WEDNESDAY SUSHI

- Vietnamese Rice paper roll (1) \$4.00
(Chicken, vege)
- Big Crunch sushi roll \$4.50
(Tuna, Vege, Chicken Schnitzel)
- Medium Munch Box \$5.50
(Tuna, cucumber, Chicken schnitzel)
- Large Munch Box \$7.00
(Chicken Schnitzel, Salmon)
- Teriyaki Rice Bowl \$6.00
(Chicken, beef)



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HOT FOOD

- Corn Cobbett 50C
- Margherita pizza slice (Vegan) \$2.00
- Sweet potato wedges \$4.00
W. yoghurt dip
- Cheese and spinach roll \$4.00
- Beef nachos dipper \$5.00
- Vegan schnitzel wrap (Vegan) \$6.00
- Split pea & lentil dahl (Vegan) \$6.00
W. basmati rice
- Thai green curry with chicken \$6.00
- Chicken Boscaiola (Homemade) \$6.00
- Hamburger - Beef \$5.00
(lettuce, tomato, beetroot & sauce)
- Chicken burger \$5.00
(lettuce, tomato & mayonnaise)
- Lite sausage roll with sauce \$3.00
- Pizza single (bacon with cheese) \$2.50
- Pasta Meals (Allied Chef) \$3.00
- Lasagne, Macaroni Cheese,
Spaghetti, Penne Napolitana, Vegetable
Fried Rice (GF)
- Garlic Bread \$2.00
- Toasties - Cheese \$2.50
- Ham & Cheese \$3.50
- Ham, Cheese, Tomato \$4.00

DRINKS

- Small water 300ml \$1.50
- Large water 600ml \$2.00
- Sparkling Water 500ml \$2.50
- Just juice popper 200ml \$1.00
(Apple, Orange,
Apple/Blackcurrant,
Orange/mango, Paradise punch)
- Moove Milk 250ml \$2.00
(Chocolate, Strawberry)
- Up & Go \$2.00
(Chocolate, Vanilla Ice)
- Gluten-free Up & Go \$2.00
- Juice Bomb - Sparkling fruit
juice \$2.00
(Apple/raspberry, grape, vanilla
lime, orange passion, apple,
cola)
- Glee - Sparkling fruit juice \$2.50
(Tropical treat, Rockin'
raspberry, Blackcurrant burst,
Bubblegum grape)
- Chill - Sparkling coconut
water with mango \$2.50



NOTE

Lunch orders can be made via the QKR app or at the Canteen by 9am daily
Recess food available over counter only